

EASTWOOD HIGH SCHOOL MENU 2019 - 2020

MONDAY	TUESDAY	WEDNESDAY	Thursday	Friday
SALISBURY STEAK MASHED POTATOES BABY CARROTS CHOICE OF FRUIT BISCUIT MILK	EAGLE McRIB TOSSED SALAD SWEET POTATO FRIES CHOICE OF FRUIT MILK	BACON CHEESEBURGER FRENCH FRIES BAKED BEANS CHOICE OF FRUIT MILK	CHICKEN NUGGETS BAKED PRETZEL GREEN BEANS/BABY CARROTS CHOICE OF FRUIT MILK "NO OPTION"	PIZZA BROCCOLI & CHEESE TOSSED SALAD CHOICE OF FRUIT MILK TAILGATE FRIDAY SIDE B
MINI CORN DOGS POTATO WEDGES TOSSED SALAD CHOICE OF FRUIT MILK	TONY'S DIPPING STICKS W/ MARINARA SAUCE TOSSED SALAD BABY CARROTS CHOICE OF FRUIT MILK	SPAGHETTI TOSSED SALAD CUKE SLICES GARLIC BREAD CHOICE OF FRUIT MILK	CHICKEN FRYZ MASHED POTATOES BAKED BEANS CHOICE OF FRUIT BREADSTICK & MILK "NO OPTION"	PIZZA BABY CARROTS TOSSED SALAD CHOICE OF FRUIT MILK TAILGATE FRIDAY SIDE B
DUTCH WAFFLE HASHBROWNS CELERY & CARROT STICKS SAUSAGE CHOICE OF FRUIT MILK	TACO QUESADILLA NACHOS AND CHEESE TOSSED SALAD BLACK BEANS CHOICE OF FRUIT MILK	POPCORN CHICKEN SALAD GRAPE TOMATOES CHOICE OF FRUIT TWISTED BREADSTICK MILK	CHICKEN FINGERS MASHED POTATOES BABY CARROTS CHOICE OF FRUIT BISCUIT & MILK "NO OPTION"	PIZZA CUKE SLICES TOSSED SALAD CHOICE OF FRUIT MILK TAILGATE FRIDAY SIDE B
PIZZA BOB WAFFLE FRIES BABY CARROTS CHOICE OF FRUIT MILK	MINI CORN DOGS POTATO WEDGES TOSSED SALAD CHOICE OF FRUIT MILK	MACARONI & CHEESE GREEN BEANS PB & JELLY POCKET GRAPE TOMATOES CHOICE OF FRUIT MILK	POPCORN CHICKEN BOWL POPCORN CHICKEN MASHED POTATOES & CORN CHOICE OF FRUIT BISCUIT MILK	PIZZA BABY CARROTS TOSSED SALAD CHOICE OF FRUIT MILK TAILGATE FRIDAY SIDE B
EAGLE BURGER FRENCH FRIES BABY CARROTS CHOICE OF FRUIT MILK	SUPER NACHOS LETTUCE & TOMATO REFRIED BEANS CHOICE OF FRUIT MILK	PIZZA CALZONE W/ MARINARA SAUCE TOSSED SALAD GRAPE TOMATOES CHOICE OF FRUIT MILK	MANDARIN ORANGE CHICKEN STEAMED RICE BROCCOLI TOSSED SALAD CHOICE OF FRUIT MILK	PIZZA GOLDEN CORN TOSSED SALAD CHOICE OF FRUIT MILK TAILGATE FRIDAY SIDE B

News

Students: \$3.20
 Reduced: \$.40
 Free: No Cost
 Adults: \$3.85

EAGLE NEST LUNCH:

Mon: Garlic Cheese Bread
 Tues: Bosco Sticks & Calzone
 Wed: Pizza Hut
 Thur: Tony's Dipping Sticks
 Fri: Boneless Chicken Wings

Eastwood Local Schools participates in the National School Lunch Program. The meal consists of 5 components: a protein, a grain (bread), a fruit a vegetable, and a fat free or low fat milk. Students must select 3 of the 5 items, one of which must be a fruit or a vegetable.

Chef or Grilled Chicken Salad offered daily.
 Please order in the morning.

August 19							September 19							October 19							November 19							December 19						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
				1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

Find the color of the current week on the calendar and match that to the color of the menu above. Select the day to see what menu items are to be served. This represents a five week cycle.

January 20							February 20							March 20							April 20							May 20										
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa				
			1	2	3	4						1	1	2	3	4	5	6	7			1	2	3	4					1	2	1	2	3	4	5	6	7
5	6	7	8	9	10	11	2	3	4	5	6	7	8	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9				
12	13	14	15	16	17	18	9	10	11	12	13	14	15	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16				
19	20	21	22	23	24	25	16	17	18	19	20	21	22	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23				
26	27	28	29	30	31		23	24	25	26	27	28	29	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30				
																												31										

Menus are subject to change.

Free and reduced applications available online or at the school office.