

# EASTWOOD MIDDLE SCHOOL MENU 2019 - 2020

MONDAY							TUESDAY							WEDNESDAY							Thursday							Friday						
<b>SALISBURY STEAK</b>							<b>EAGLE McRIB</b>							<b>BACON CHEESEBURGER</b>							<b>CHICKEN NUGGETS</b>							<b>PIZZA</b>						
<b>MASHED POTATOES</b>							<b>TOSSED SALAD</b>							<b>FRENCH FRIES</b>							<b>BAKED PRETZEL</b>							<b>BROCCOLI &amp; CHEESE</b>						
<b>BABY CARROTS</b>							<b>SWEET POTATO FRIES</b>							<b>BAKED BEANS</b>							<b>GREEN BEANS/BABY CARROTS</b>							<b>TOSSED SALAD</b>						
<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>						
<b>BISCUIT</b>							<b>MILK</b>							<b>MILK</b>							<b>MILK</b>							<b>MILK</b>						
<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>						
<b>MINI CORN DOGS</b>							<b>TONY'S DIPPING STICKS</b>							<b>SPAGHETTI</b>							<b>CHICKEN FRYZ</b>							<b>PIZZA</b>						
<b>POTATO WEDGES</b>							<b>W/ MARINARA SAUCE</b>							<b>TOSSED SALAD</b>							<b>MASHED POTATOES</b>							<b>BABY CARROTS</b>						
<b>TOSSED SALAD</b>							<b>TOSSED SALAD</b>							<b>CUKE SLICES</b>							<b>BAKED BEANS</b>							<b>TOSSED SALAD</b>						
<b>CHOICE OF FRUIT</b>							<b>BABY CARROTS</b>							<b>GARLIC BREAD</b>							<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>						
<b>MILK</b>							<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>							<b>BREADSTICK &amp; MILK</b>							<b>MILK</b>						
<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>						
<b>DUTCH WAFFLE</b>							<b>TACO QUESADILLA</b>							<b>POPCORN CHICKEN SALAD</b>							<b>CHICKEN FINGERS</b>							<b>PIZZA</b>						
<b>HASHBROWNS</b>							<b>TOSSED SALAD</b>							<b>GRAPE TOMATOES</b>							<b>MASHED POTATOES</b>							<b>CUKE SLICES</b>						
<b>CELERY &amp; CARROT STICKS</b>							<b>BLACK BEANS</b>							<b>CHOICE OF FRUIT</b>							<b>BABY CARROTS</b>							<b>TOSSED SALAD</b>						
<b>SAUSAGE</b>							<b>CHOICE OF FRUIT</b>							<b>BREADSTICK</b>							<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>						
<b>CHOICE OF FRUIT</b>							<b>MILK</b>							<b>MILK</b>							<b>DINNER ROLL &amp; MILK</b>							<b>MILK</b>						
<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>						
<b>PIZZA BOB</b>							<b>MINI CORN DOGS</b>							<b>MACARONI &amp; CHEESE</b>							<b>POPCORN CHICKEN BOWL</b>							<b>PIZZA</b>						
<b>WAFFLE FRIES</b>							<b>POTATO WEDGES</b>							<b>GREEN BEANS</b>							<b>POPCORN CHICKEN</b>							<b>BABY CARROTS</b>						
<b>BABY CARROTS</b>							<b>TOSSED SALAD</b>							<b>PB &amp; JELLY POCKET</b>							<b>MASHED POTATOES &amp; CORN</b>							<b>TOSSED SALAD</b>						
<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>							<b>GRAPE TOMATOES</b>							<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>						
<b>MILK</b>							<b>MILK</b>							<b>CHOICE OF FRUIT</b>							<b>FINGER ROLL</b>							<b>MILK</b>						
<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>						
<b>EAGLE BURGER</b>							<b>SUPER NACHOS</b>							<b>PIZZA CALZONE</b>							<b>MANDARIN ORANGE CHICKEN</b>							<b>PIZZA</b>						
<b>FRENCH FRIES</b>							<b>LETTUCE &amp; TOMATO</b>							<b>W/ MARINARA SAUCE</b>							<b>STEAMED RICE</b>							<b>GOLDEN CORN</b>						
<b>BABY CARROTS</b>							<b>REFRIED BEANS</b>							<b>TOSSED SALAD</b>							<b>BROCCOLI</b>							<b>TOSSED SALAD</b>						
<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>							<b>GRAPE TOMATOES</b>							<b>TOSSED SALAD</b>							<b>CHOICE OF FRUIT</b>						
<b>MILK</b>							<b>MILK</b>							<b>CHOICE OF FRUIT</b>							<b>CHOICE OF FRUIT</b>							<b>MILK</b>						
<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>							<b>"NO OPTION"</b>						

  

August 19							September 19							October 19							November 19							December 19						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
			1	2	3		1	2	3	4	5	6	7			1	2	3	4	5						1	2	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

  

January 20							February 20							March 20							April 20							May 20						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
			1	2	3	4	1	2	3	4	5	6	7	1	2	3	4	5	6	7			1	2	3	4	1	2	3	4	5	6	7	
5	6	7	8	9	10	11	2	3	4	5	6	7	8	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
12	13	14	15	16	17	18	9	10	11	12	13	14	15	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
19	20	21	22	23	24	25	16	17	18	19	20	21	22	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
26	27	28	29	30	31		23	24	25	26	27	28	29	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
																												31						

### News

Students: \$3.20  
 Reduced: \$.40  
 Free: No Cost  
 Adults: \$3.85

**LUNCH OPTIONS:**  
 Mon. - Wed. Assorted Sandwiches  
 Thur: Bosco Breadsticks  
 Fri: Popcorn Chicken

Eastwood Local Schools participates in the National School Lunch Program. The meal consists of 5 components: a protein, a grain ( bread), a fruit a vegetable, and a fat free or low fat milk. Students must select 3 of the 5 items, one of which must be a fruit or a vegetable.

Grilled Chicken or Chef Salads offered daily.  
 Please order in the morning.

Pizza Hut Pizza is the first Friday of every month.  
 Big Daddy Pizza is the last Friday of every month.

Find the color of the current week on the calendar and match that to the color of the menu above. Select the day to see what menu items are to be served. This represents a five week cycle.

Menus are subject to change.

Free and reduced applications available online or at the school office.

\*This institution is an equal opportunity provider\*

Any questions or concerns, please call Karen Brown at 419-833-3611 or email kbrown@eastwoodschools.org