

# EASTWOOD MIDDLE SCHOOL MENU 2020-2021

MONDAY							TUESDAY							WEDNESDAY							Thursday							Friday								
<b>LUNCH KIT</b>							<b>PIZZA</b>							<b>TURKEY &amp; CHEESE SAND</b>							<b>CHICKEN NUGGETS</b>							<b>PIZZA CALZONE</b>								
<b>CELERY STICKS</b>							<b>BROCCOLI</b>							<b>CELERY STICKS &amp; HUMMUS</b>							<b>DORITOS</b>							<b>BABY CARROTS &amp; HUMMUS</b>								
<b>CUCUMBER SLICES</b>							<b>BABY CARROTS</b>							<b>POTATO ROUNDS</b>							<b>CUCUMBER SLICES</b>							<b>TOSSED SALAD</b>								
<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>CHEESE STICK</b>							<b>CELERY &amp; CARROTS</b>							<b>FRESH FRUIT OR FRUIT CUP</b>								
<b>MILK</b>							<b>MILK</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>MILK</b>								
<b>WILD MIKE BITES</b>							<b>TONY'S DIPPING STIX</b>							<b>GRILLED CHEESE SAND</b>							<b>POPCORN CHICKEN</b>							<b>PIZZA</b>								
<b>BROCCOLI</b>							<b>SNAP PEAS</b>							<b>POTATO ROUNDS</b>							<b>BAGGED PRETZEL</b>							<b>CELERY STICKS</b>								
<b>CELERY STICKS</b>							<b>BABY CARROTS</b>							<b>CUCUMBER SLICES</b>							<b>TOSSED SALAD</b>							<b>BABY CARROTS</b>								
<b>FRESH FRUIT &amp; FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>CELERY &amp; CARROTS</b>							<b>FRESH FRUIT OR FRUIT CUP</b>								
<b>MILK</b>							<b>MILK</b>							<b>MILK</b>							<b>MILK</b>							<b>MILK</b>								
<b>CHICKEN PATTY SANDWICH</b>							<b>PIZZA</b>							<b>TACO QUESADILLA</b>							<b>PIZZA CALZONE</b>							<b>MINI CORN DOGS</b>								
<b>BROCCOLI</b>							<b>CUCUMBER SLICES</b>							<b>BABY CARRTOS</b>							<b>CELERY &amp; CARROTS</b>							<b>BABY CARROTS</b>								
<b>POTATO ROUNDS</b>							<b>CELERY STICKS</b>							<b>TOSSED SALAD</b>							<b>CUCUMBER SLICES</b>							<b>SNAP PEAS</b>								
<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>								
<b>MILK</b>							<b>MILK</b>							<b>MILK</b>							<b>MILK</b>							<b>MILK</b>								
<b>GRILLED CHEESE SANDWICH</b>							<b>MINI CORN DOGS</b>							<b>WILD MIKE BITES</b>							<b>BACON CHEESEBURGER</b>							<b>PIZZA</b>								
<b>CUCUMBER SLICES</b>							<b>BROCCOLI</b>							<b>CELERY STICKS</b>							<b>FRENCH FRIES</b>							<b>CUCUMBER SLICES</b>								
<b>CARROTS &amp; CELERY</b>							<b>BABY CARROTS</b>							<b>BABY CARROTS</b>							<b>SNAP PEAS</b>							<b>TOSSED SALAD</b>								
<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>							<b>FRESH FRUIT OR FRUIT CUP</b>								
<b>MILK</b>							<b>MILK</b>							<b>MILK</b>							<b>MILK</b>							<b>MILK</b>								
August 20							September 20							October 20							November 20							December 20								
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa		
						1			1	2	3	4	5						1	2	3	1	2	3	4	5	6	7				1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12		
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19		
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26		
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30						27	28	29	30	31				
30	31																																			
January 21							February 21							March 21							April 21							May 21								
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa		
					1	2			1	2	3	4	5	6			1	2	3	4	5	6					1	2	3							1
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8		
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15		
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22		
24	25	26	27	28	29	30	28							28	29	30	31				25	26	27	28	29	30	23	24	25	26	27	28	29			
31																												30	31	1	2	3	4			

"This institution is an equal opportunity provider"  
[Free and Reduced Applications available on FinalForms and eastwoodschoools.org](#)  
 The menu is subject to change at any time

Lunch Prices: Student: \$3.30 Reduced Lunch \$4.00 Adult \$3.95 Effective 9/14/2020 all students will receive a free breakfast and a free lunch each day until December 31, 2020

This menu is for the first nine weeks of school. At that time we will reevaluate for the rest of the school year

Daily options: Cheeseburger, Chicken Patty, PBJ Pocket and chef salads

Eastwood Schools participates in the National School Lunch Program. The meal consists of five components: a protein, a grain (bread), a fruit, a vegetable and a fat-free milk or a low fat milk. Students must select three of the five components, one of which must be a fruit or a vegetable.